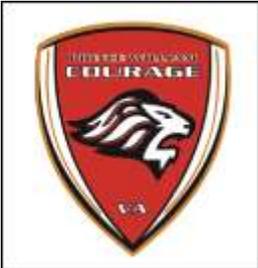


## Summary of 2014 Year One Grants

In June 2014, Potomac Health Foundation awarded grants to 9 projects from 9 agencies for a total amount of \$545,109.00. A project description summary is available in the table below.

Agency Logo	Program Description	Target Beneficiaries	Grant Award
	<p><a href="http://www.heart.org/HEARTORG/">http://www.heart.org/HEARTORG/</a> Teaching hands only CPR with chest compressions. This works by circulating oxygen that is present in the blood. The bloodstream of a person breathing normally contains enough oxygen to sustain life for several minutes. However, oxygen can't nourish cells unless it is circulated, either by a beating heart or by chest compressions, making the use of hands only CPR pivotal to a cardiac arrest victim.</p>	<p>The program will be open to all populations groups and will target 10,500 people in the community. However, because data continue to show that lower income and minority communities have lower bystander CPR rates, the program will work aggressively to ensure the inclusion of these populations.</p>	<p>\$50,400.00</p>
	<p><a href="http://www.aspira.org">www.aspira.org</a> Offering workshops for youth on National Diabetes Prevention Program Curriculum, engage youth in video contest messages focusing on making healthy choices about food, promoting healthy eating, exercise, and awareness about obesity and diabetes through an information campaign, and educating and disseminating information to individuals through 24 workshops at community based organizations.</p>	<p>ASPIRA proposes to target Hispanic youth and their families from Prince William County, (Dale City, Dumfries, Manassas and Woodbridge) through a series of workshops targeting 400 young people between the ages of 11-15, and a community awareness campaign targeting 6,000 families between the ages of 17-52.</p>	<p>\$90,341.50</p>
	<p><a href="http://www.nvfs.org/">http://www.nvfs.org/</a> HealthLink provides oral health education and dental care services to low-income, uninsured individuals. Clients willingly engage in group discussions, ask important questions, and share experiences about their lack of knowledge on proper dental care, resources, and nutrition to support healthy oral health practices. Clients express appreciation for the usefulness and practical applicability of the information provided, reinforcing the fact that education for good dental hygiene is a valuable component to NVFS's oral health programs.</p>	<p>The target population for the HealthLink program is uninsured adults whose income is under 200% Federal Poverty Level (FPL) and who reside in the zip codes targeted by the Foundation.</p>	<p>\$69,827.00</p>

## Summary of 2014 Year One Grants

Agency Logo	Program Description	Target Beneficiaries	Grant Award
	<p><a href="#">Prince William County Schools</a>            This program will result in improved outcomes for students with significant mental health issues through increased collaboration between PWCS and other agencies who are involved in supporting students transitioning back to school from psychiatric hospitalization and/or mental health crisis and by providing identified youth with a dedicated case manager who will facilitate inter-agency and inter-departmental collaboration.</p>	<p>60 students in PHF catchment area who pose a serious threat of violence, have mental health issues that preclude them from attending school, and/or who are returning from psychiatric hospitalization.</p>	<p>\$86,236.00</p>
	<p><a href="http://www.pwsi.org/">http://www.pwsi.org/</a>            Our program will focus on the prevention of childhood obesity and more specifically the prevention of Type II Diabetes in Juveniles and adult onset diabetes. Our Soccer For Success program is a curriculum based program which gets kids active three days a week and integrates a healthy lifestyle element to the curriculum. Kids who complete the program will be healthier and much less likely to develop diabetes in both the short term but also long term.</p>	<p>We are targeting underserved children in the community. We will target 200 children ages ranging from 8-10 who are Title 1 schools in our service area. Over half of our participants will be on free/reduced lunch.</p>	<p>\$25,777.00</p>
	<p><a href="http://www.sentara.com/Northern-Virginia/Pages/Home.aspx">http://www.sentara.com/Northern-Virginia/Pages/Home.aspx</a>            CHF Care Transitions program will promote treatment and coaching to improve quality and length of life for people who have heart failure through education, home visits, and monitoring of medications, diet, and water retention. Program consists of 30 days post-discharge from the hospital to assist in educating and empowering CHF diagnosed individuals and their caregivers to assert self-management and understanding red flags indicators for his/her condition and how to respond.</p>	<p>Recently hospitalized Congestive Heart Failure patients of North Stafford, Eastern Prince William, and Lorton. 90% of SNVMC's CHF patients are 50 years of age and older. No charge for patients or insurance for Care Transitions program. The patient has the right to participate or deny additional services. The total affected in the target area is ~2,329(2012 estimate); 60.3 per 10,000 (PHF 2012 Health Profile).</p>	<p>\$125,000.00</p>

## Summary of 2014 Year One Grants

Agency Logo	Program Description	Target Beneficiaries	Grant Award
	<p><a href="http://arcgpw.org/">http://arcgpw.org/</a>            Provide information, coordination, support and guidance for individuals with complex medical needs in the agency's residential program, INSIGHT. Due to this timely and effective intervention, the Case Manager will assist these individuals to access needed supports and services that can prevent long term and often costly hospital and nursing home admissions.</p>	<p>The target population is adults with developmental disabilities who reside or are scheduled to move into the agency's residential services in the eastern Prince William area. They require medical case management to prevent hospitalization and nursing home admissions. They are all very low income as defined by HUD and there is a mixture of race and gender. The ages of the individual's average late middle-aged to elderly, but there are a few younger.</p>	<p>\$68,000.00</p>
	<p><a href="http://www.vccs.edu/">http://www.vccs.edu/</a>            The program will address Access through scholarships and a leadership curriculum that focuses on healthcare issues of interest to PHF and that align with PHF funding priorities. Several colleges have health sciences leadership courses that could be adapted to a workshop format and perhaps offered for credit.</p>	<p>The target population is second-year full-time associate degree health sciences students at GCC and NVCC who live in the zip codes served by PHF. Based on current enrollments, we project that in 2014-15 approximately 75-80 students would be eligible Fellows candidates.</p> <p>There are no restrictions as to age, gender, race, language, or socioeconomic status although financial need is one criterion for scholarship awards.</p>	<p>\$125,000</p>