In November 2013, Potomac Health Foundation awarded continuation grants to 11 projects from 10 agencies for a total amount of $1,494,231. A project description summary for each is shown in the table below.

<table>
<thead>
<tr>
<th>Agency Logo</th>
<th>Program Description</th>
<th>Target Beneficiaries</th>
<th>Grant Award</th>
</tr>
</thead>
</table>
| ![ACTS Logo](image) | **Action in Community Through Service**  
ACTS Medical Caregivers Training Program  
This program seeks to avoid this deterioration by providing 4 comprehensive Nurse Aide training to passionate and motivated low-income residents of the county. This program serves two target groups by matching the needs of low-income residents for job training with the need for quality healthcare workers by aging adults. The efforts of these well-trained individuals will lead to greater independence of patients and better quality of life. | A project description summary for each is shown in the table below. | $138,700.00 |
| ![ACTS Logo](image) | **Action in Community Through Service**  
ACTS Helpline Assistance and Outreach Project  
ACTS Helpline will continue to meet the community demand of those individuals in personal crisis including suicidal ideation by maintaining the 24/7 hotline. Outreach service to the elderly and disabled will continue and efforts will be made to expand outreach. The LOSS (Local Outreach to Suicide Survivors) will provide on-site support and aftercare those individuals in our community impacted by the death of a loved one to suicide. | | $132,650.00 |
| ![Brain Injury Services Logo](image) | **Brain Injury Services**  
Brain Injury Services  
BIS uses innovative therapies and supports to empower individuals to participate in daily activities as independently as possible. Individuals with brain injuries sometimes find it challenging to manage their emotions and behaviors. The treatment team helps participants learn practical and effective self-management strategies, as well as multiple approaches including cognitive behavioral therapy, applied behavioral analysis and techniques used for stress reduction. | Continue to work with 25 individual, new and continuing clients having neurobehavioral issues that prevent daily functioning in the community. | $195,989.00 |
| ![Employment Solutions Logo](image) | **Employment Solutions for Deaf and Hard of Hearing**  
Employment Solutions for Deaf and Hard of Hearing  
Providing Access to Healthcare (PAH) will promote access to healthcare by accompanying clients to appointments, advocating for clients who are accessing healthcare, providing communication facilitation (e.g., interpreters) to promote access to services and information, helping clients apply for Medicaid and Medicare, and educating deaf/hard of hearing/deafblind individuals about healthcare options and self-advocacy. | 1177 deaf/hard of hearing/deafblind persons living in Prince William County and North Stafford County. | $43,475.00 |
| ![George Mason University Logo](image) | **George Mason University**  
The ACHIEVES Project (Advancing Healthcare Initiatives for unDerServed Students)  
The ACHIEVES Project is a collaborative between George Mason University and the Prince William County Public Schools. The project offers increased access and quality of scholastic sport healthcare and concussion education in middle and secondary schools using certified athletic trainers as care providers, educators and record keepers. | The ACHIEVES project targets 80,527 students, their parents and 6,114 PWCS school staff (teachers, counselors, administrators, athletic trainers, nurses and coaches) in 84 elementary, middle and high schools in PWCS with an estimated direct benefit to greater than 170,000 PW residents in the PHF service area. | $381,437.00 |
| ![Prince William Area Free Clinic Logo](image) | **Prince William Area Free Clinic**  
Medication Access Case Management  
Prince William Area Free Clinic (PW AFC) funding will be used for a pharmacy technician to operate as a medication case manager and to off-set medication costs when not covered under other formularies, during gap periods, or when clients cannot pay. | The PW AFC serves uninsured residents of Prince William County (PWC) meeting 125% of the state poverty guidelines. There are 69,309 uninsured residents in PWC. | $86,385.00 |
| ![Prince William Health Partnership Logo](image) | **Prince William Health Partnership**  
Healthy Eating and Active Living (HEAL) Sustainability and Expansion  
Conduct curriculum development, program implementation, teacher training evaluation of the HEAL program for pre-school, Prince William County elementary and middle school students. | 255 4 to 5 year old pre-school students residing in the PHF service area. | $45,000.00 |
| ![Rainbow Center Logo](image) | **Rainbow Center**  
The Mane Experience  
Provide access to students with autism, intellectual/cognitive and physical disabilities to experience the benefits of equine assisted activities for the medically underserved. | 63 students with special needs who attend Forest Park and Hylton High Schools. | $70,610.00 |
| **Sentara Northern Virginia Medical Center**  
**Every Baby, Every Time!**  
Assist low income, uninsured and underinsured high-risk pregnant women to receive quality, affordable prenatal care. | 35 uninsured pregnant women in Eastern Prince William County and North Stafford. 10 community locations will be targeted for an education program regarding the importance of early prenatal care. | $122,385.00 |
|---|---|---|
| **The House, Inc.  
Student Leadership Center**  
**Fitting In**  
FITTING IN continues to successfully address the prevention of childhood obesity. The House, Inc.’s long-standing commitment to health and fitness continues so that students today will grow up healthier and able to pursue their dreams. FITTING IN’s comprehensive strategies are about putting students on a path with tools they need to live healthy, balanced, and active lifestyles by incorporating physical fitness and good nutrition. | 875 students will increase physical activity and learn new strategies for achieving their health and fitness goals. | $105,000.00 |
| **Youth for Tomorrow**  
**Crisis Intervention Counseling Program**  
A community-based Crisis Intervention program to strengthen access to mental health services for medically uninsured/underinsured, and underserved residents. Crisis Intervention Counseling is a short-term strategy (lasting from 1 day to 2 months) providing support and problem-solving to help clients change behavior patterns or problematic thinking. | 135 children ages 5 through 21 win the PHF service area will complete case management and treatment plans. | $172,600.00 |